

7th International Core Energetics Convention 2016



" LIVING THE LIFE BREATH"

workshop

by **Jeanne Denney**

What do Life, Death and Breath all have in common? A lot it turns out. While we often speak and think of Death in opposition to Life, (even sometimes in Core Energetics) when we really look at the body we can see that dying processes are completely natural and necessary for true vitality and deeper meaning in life. In fact, Death teaches about Life like almost nothing else. How do we learn to turn toward a life that includes death in a culture that has pushed it out of sight and mind? How do we make steps to face our own mortality? We will explore this challenge together through lecture and direct experience using principles from Core Energetics, Healing and Hospice work

Biography



Jeanne Denney, PE (Professional Engineer), MA in Transpersonal Psychology, CEEP, she is a Body Psychotherapist, hospice worker, teacher and healer in and around New York City. Her training includes Core Energetics, Somatic Experiencing, Transpersonal Psychology, and other body-centered modalities. She has taught topics relating to Death and Dying and Transpersonal Psychology at Graduate and Undergraduate levels. Her education also includes experience as a birth doula, a mother of four children and as an engineer of moving bridges.

